

Menu Cycle Week – Nutrient Analysis

Generated on: 5/9/2019 9:58:52 AM by Kathleen McCullough

Menu Cycle: UD MIDDLE SCHOOL LUNCH WEEK 1 2018-2019
 Week: 1
 Result: **Exceeded**

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Lunch
 Serving Group: 6-8
 Site Group: Middle School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[600.00 - 700.00]	616.37	
Fat (g)		20.82	30.40
Sfat (g)(1)	< 10.00 % of Calories	5.77	8.42
TFat (g)(2)		0.00(M)	
Chol (mg)		36.22	
Sodium Target 1 (mg) (13)	< 1,360.00	1,068.83	
Sodium Target 2 (mg) (13)	< 1,035.00	1,068.83	
Carb (g)		85.00	55.16
TDF (g)		8.48	
Sugars (g)		12.71(M)	8.25
Pro (g)		27.26	17.69
Fe (mg)		4.24(M)	
Ca (mg)		513.57(M)	
A,IU		1,873.84(M)	
VitC (mg)		28.60(M)	
Mois (g)		111.18(M)	
Ash (g)		0.42(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 2.500	[2.500 - 3.000]	
Veg	>= 3.750	[6.125 - 13.375]	
Veg-DG	>= 0.500	6.000	
Veg-RO	>= 0.750	2.625	
Veg-BP	>= 0.500	3.000	
Veg-S	>= 0.500	2.000	
Veg-O	>= 0.500	3.500	
Grains	[8.000 - 10.000]	[10.000 - 15.750](a)	
Non-WGR		0.000	
WGR	>= 100.000 % of	45.750	100.00
Meat/MA	[9.000 - 10.000]	10.000	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	1.500	50.00
Grain-D	<= 2.000	0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements, but your State Agency may issue waivers to allow a Menu Cycle with at least 50% WGR Grains to pass, or for 1% flavored milk to be an acceptable variety. In such instances, as long as you have met the conditions of the waiver, your State Agency will consider you to be in compliance.

(M) Indicates missing nutrient values.

- 1 Standard Value is the daily average requirement for a school week.
- 2 Trans Fat is provided for informational purposes, not for monitoring purposes.
- 3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2020 and does not impact pass/fail compliance prior to that date.
- a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Day – Nutrient Analysis

Generated on: 5/9/2019 10:23:37 AM by Kathleen McCullough

Menu: UD Middle School Lunch Week 2 Day 3 :46993
 Result: Pass

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Lunch
 Serving Group: 6-8
 Site Group: Middle School

Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[600.00 - 700.00]	601.68	
Fat (g)		18.39	27.51
Sfat (g)(1)	< 10.00 % of Calories	7.31	10.93
TFat (g)(2)		0.00(M)	
Chol (mg)		40.28	
Sodium Target 1 (mg) (13)	< 1,360.00	1,042.90	
Sodium Target 2 (mg) (13)	< 1,035.00	1,042.90	
Carb (g)		86.67	57.62
TDF (g)		7.05	
Sugars (g)		15.34(M)	10.20
Pro (g)		27.25	18.11
Fe (mg)		2.74(M)	
Ca (mg)		649.71(M)	
A,IU		2,286.48(M)	
VitC (mg)		10.17(M)	
Mois (g)		188.14(M)	
Ash (g)		0.46(M)	

Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 0.500	1.500	
Veg	>= 0.750	[1.000 - 2.125]	
Veg-DG		0.500	
Veg-RO		1.125	
Veg-BP		0.000	
Veg-S		1.500	
Veg-O		0.000	
Grains	>= 1.000	[2.000 - 3.000]	
Non-WGR		0.000	
WGR		[2.000 - 3.000]	
Meat/MA	>= 1.000	2.000	
MILK-F	>= 1.000	1.000	
Fruit-J		0.000	
Grain-D		0.000	
Vegetable-J		0.000	
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements, but your State Agency may issue waivers to allow a Menu Cycle with at least 50% WGR Grains to pass, or for 1% flavored milk to be an acceptable variety. In such instances, as long as you have met the conditions of the waiver, your State Agency will consider you to be in compliance.

(M) Indicates missing nutrient values.

- Standard Value is the daily average requirement for a school week.
- Trans Fat is provided for informational purposes, not for monitoring purposes.
- Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2020 and does not impact pass/fail compliance prior to that date.

Menu Day – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD Middle School Lunch Week 2 Day 3 :46993	1650																
Category: Entrees; Choose: 1																	
Chicken Mashed Potato Bowl - LR100335 (1 bowl)	0	383.25	16.06	5.13	0.00	31.76	538.03	43.20	4.78	3.12	19.05	2.16	136.71	320.36	39.89	96.79 (M)	0.25(M)
UD 16" Hand Tossed Pizza 51% Whole Grain Cheese, Big Daddy's, Schwan's Foodservice, 78398, WGR, MMA, Veg-RO - LR100214 (5 ounces)	1,600	340.00	14.00	7.00	0.00	35.00	570.00	36.00	4.00	6.00	18.00	1.80	350.00	400.00	0.00	(M)	(M)
UD CHEESEBURGER - LR100127 (1 ea.)	0	332.58	15.52	6.97	0.00	44.22	751.11	28.56	4.06	3.74	19.10	2.97	195.22	98.61	0.00	0.00(M)	0.00(M)
UD Hummus and vegetable Platter - LR100270 (1 ea.)	0	380.05	13.97	2.52	0.00	15.00	919.73	51.73	7.61	5.20	17.54	3.11	224.87	5506.15	4.95	62.75 (M)	0.47(M)
Category: Grains; Choose: 1																	
Crackers, Goldfish Snack Cheddar Whole Grain, 0.75 oz, Pepperidge Farm, Campbell's Foodservice, 18105, WGR - SR107248 (1 pouch)	100	100.00	4.00	1.00	0.00	0.00	170.00	14.00	1.00	0.00	2.00	0.72	20.00	0.00	0.00	(M)	(M)
Category: Vegetables; Choose: 2																	
Potatoes, Mashed, Potato Pearls, 12/28 oz. Pouch, Basic American Foods, 76468, Veg-S - SR107666 (4 oz.)	1,000	84.42	3.62	0.00	0.00	0.00	413.58	16.88	0.00	0.00	1.69	0.00(M)	3.53(M)	0.00(M)	0.00(M)	117.53 (M)	0.12(M)
UD Carrots, Frozen, Steamed, Veg-RO - LR100128 (1/2 cup servin)	50	52.45	0.96	0.17	0.00	0.00	83.63	10.96	4.68	5.78	0.82	0.75	49.61	23995.44	3.26	128.03	0.98
UD LETTUCE & TOMOATO - LR100154 (5 oz.)	950	24.55	0.00	0.00	0.00	0.00	18.82	5.03	1.41	1.81(M)	1.21	0.70	36.22	795.61	7.24	0.00	0.00
Category: Fruits; Choose: 2																	
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	800	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
ud diced peaches - LR100141 (1/2 c.)	1,000	43.48	0.03	0.00	0.00	0.00	3.90	11.35	1.27	10.07	0.61	0.26	5.86	368.99	3.50	85.87	0.26
Category: Milk; Choose: 1																	

Menu Day – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Strawberry nonfat milk - LR100016 (8 serving 8)	90	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	1,350	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	80	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	5	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	0	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	150	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	300	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	300	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00

Menu Day – Nutrient Analysis

Generated on: 5/9/2019 10:21:29 AM by Kathleen McCullough

Menu: UD Middle School Lunch Week 2 Day 2 :46993
 Result: Pass

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Lunch
 Serving Group: 6-8
 Site Group: Middle School

Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[600.00 - 700.00]	670.04	
Fat (g)		17.65	23.70
Sfat (g)(1)	< 10.00 % of Calories	7.46	10.02
TFat (g)(2)		0.00(M)	
Chol (mg)		45.60(M)	
Sodium Target 1 (mg) (13)	< 1,360.00	1,181.55	
Sodium Target 2 (mg) (13)	< 1,035.00	1,181.55	
Carb (g)		98.65	58.89
TDF (g)		13.23(M)	
Sugars (g)		25.66(M)	15.32
Pro (g)		32.30	19.28
Fe (mg)		4.75(M)	
Ca (mg)		646.33(M)	
A,IU		1,943.53(M)	
VitC (mg)		63.05(M)	
Mois (g)		89.49(M)	
Ash (g)		0.63(M)	

Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 0.500	1.000	
Veg	>= 0.750	[1.500 - 2.500]	
Veg-DG		0.000	
Veg-RO		0.500	
Veg-BP		1.500	
Veg-S		0.000	
Veg-O		1.000	
Grains	>= 1.000	2.000	
Non-WGR		0.000	
WGR		2.000	
Meat/MA	>= 1.000	2.000	
MILK-F	>= 1.000	1.000	
Fruit-J		0.500	
Grain-D		0.000	
Vegetable-J		0.000	
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements, but your State Agency may issue waivers to allow a Menu Cycle with at least 50% WGR Grains to pass, or for 1% flavored milk to be an acceptable variety. In such instances, as long as you have met the conditions of the waiver, your State Agency will consider you to be in compliance.

(M) Indicates missing nutrient values.

- 1 Standard Value is the daily average requirement for a school week.
- 2 Trans Fat is provided for informational purposes, not for monitoring purposes.
- 3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2020 and does not impact pass/fail compliance prior to that date.

Menu Day – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD Middle School Lunch Week 2 Day 2 :46993	1650																
Category: Entrees; Choose: 1																	
HOT AND SPICY CHICKEN PATTY SANDWICH - LR100220 (1 ea.)	0	420.00	17.50	3.50	0.00	25.00	720.00	44.00	6.00	4.00	21.00	4.14	100.00	100.00	0.00	(M)	(M)
UD 16" Hand Tossed Pizza 51% Whole Grain Cheese, Big Daddy's, Schwan's Foodservice, 78398, WGR, MMA, Veg-RO - LR100214 (5 ounces)	890	340.00	14.00	7.00	0.00	35.00	570.00	36.00	4.00	6.00	18.00	1.80	350.00	400.00	0.00	(M)	(M)
UD CHEESEBURGER - LR100127 (1 ea.)	755	332.58	15.52	6.97	0.00	44.22	751.11	28.56	4.06	3.74	19.10	2.97	195.22	98.61	0.00	0.00(M)	0.00(M)
UD Hummus and vegetable Platter - LR100270 (1 ea.)	0	380.05	13.97	2.52	0.00	15.00	919.73	51.73	7.61	5.20	17.54	3.11	224.87	5506.15	4.95	62.75(M)	0.47(M)
Walking Beef Taco - LR100122 (1 ea.)	0	294.72	17.21	6.15	1.33	49.48(M)	348.86	20.64	2.00(M)	0.05(M)	14.78	0.36(M)	100.00(M)	254.81(M)	0.00(M)	(M)	(M)
Category: Vegetables; Choose: 2																	
Beans, Baked, Vegetarian, Bush's Best, 1637 - SR107881 (1/2 c.)	800	130.00	0.00	0.00	0.00	0.00	550.00	29.00	5.00	10.00	7.00	1.80	40.00	0.00	0.00	(M)	(M)
Green Beans - LR100036 (1/2 c.)	50	22.00	12.00	0.03	0.00	0.00	1.00	4.49	2.09	0.00	1.04	0.46	29.30	388.00	2.90	63.67	0.33
Green Peas - LR100021 (1/2 c.)	1,000	73.00	0.25	0.05	0.00	0.00	68.00	13.37	5.16	0.00	4.83	1.43	22.50	1969.00	9.30	74.56	0.75
Category: Fruits; Choose: 2																	
Sorbet, 100% Frozen Juice, Kiwi Strawberry Swirl, 4.4 fl. oz., Luigi's, 48445, F - SR108053 (1 serv.)	1,500	70.00	0.00	0.00	0.00	0.00	5.00	18.00	3.00	15.00	0.00	0.36	60.00	0.00	60.00	(M)	(M)
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	500	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
Strawberry nonfat milk - LR100016 (8 serving 8)	90	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	1,350	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	80	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84

Menu Day – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	5	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	89	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	250	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	250	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	250	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00

Menu Day – Nutrient Analysis

Generated on: 5/9/2019 10:05:02 AM by Kathleen McCullough

Menu: UD Middle School Lunch Week 2 Day 1 :46993
 Result: Pass

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Lunch
 Serving Group: 6-8
 Site Group: Middle School

Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[600.00 - 700.00]	616.57	
Fat (g)		15.75	22.99
Sfat (g)(1)	< 10.00 % of Calories	5.37	7.84
TFat (g)(2)		0.00(M)	
Chol (mg)		31.12	
Sodium Target 1 (mg) (13)	< 1,360.00	844.68	
Sodium Target 2 (mg) (13)	< 1,035.00	844.68	
Carb (g)		95.77	62.13
TDF (g)		7.74	
Sugars (g)		17.28(M)	11.21
Pro (g)		26.46	17.17
Fe (mg)		5.12	
Ca (mg)		531.69	
A,IU		1,396.22	
VitC (mg)		39.21	
Mois (g)		112.67(M)	
Ash (g)		0.49(M)	

Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 0.500	1.000	
Veg	>= 0.750	[1.625 - 2.500]	
Veg-DG		0.500	
Veg-RO		0.625	
Veg-BP		0.000	
Veg-S		1.000	
Veg-O		1.000	
Grains	>= 1.000	4.250	
Non-WGR		0.000	
WGR		4.250	
Meat/MA	>= 1.000	2.000	
MILK-F	>= 1.000	1.000	
Fruit-J		0.500	
Grain-D		0.000	
Vegetable-J		0.000	
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements, but your State Agency may issue waivers to allow a Menu Cycle with at least 50% WGR Grains to pass, or for 1% flavored milk to be an acceptable variety. In such instances, as long as you have met the conditions of the waiver, your State Agency will consider you to be in compliance.

(M) Indicates missing nutrient values.

- Standard Value is the daily average requirement for a school week.
- Trans Fat is provided for informational purposes, not for monitoring purposes.
- Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2020 and does not impact pass/fail compliance prior to that date.

Menu Day – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD Middle School Lunch Week 2 Day 1 :46993	1500																
Category: Entrees; Choose: 1																	
UD CHEESEBURGER - LR100127 (1 ea.)	550	332.58	15.52	6.97	0.00	44.22	751.11	28.56	4.06	3.74	19.10	2.97	195.22	98.61	0.00	0.00(M)	0.00(M)
UD CHICKEN PATTY SANDWICH - LR100126 (1 ea.)	0	374.45	11.91	2.31	0.01	50.00	623.86	40.01	3.60	4.32	28.13	2.85	51.45	5.00	0.00	(M)	(M)
UD Hummus and vegetable Platter - LR100270 (1 ea.)	0	380.05	13.97	2.52	0.00	15.00	919.73	51.73	7.61	5.20	17.54	3.11	224.87	5506.15	4.95	62.75(M)	0.47(M)
UD MIDDLE CHICKEN CHEESE STEAK - LR100144 (1 sandwich)	0	239.33	6.86	2.55	0.00	30.28	568.16	28.08	3.92	2.96(M)	16.43	1.83	165.25	75.38	0.73	0.00(M)	0.00(M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	460	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	16.00	2.70	250.00	400.00	0.00	(M)	(M)
Category: Grains; Choose: 1																	
French Toast Sticks, Farm Rich Whole Grain, Frozen, Rich's, 37722, WGR - LR100345 (4 ea.)	600	260.00	10.00	2.00	0.00	0.00	300.00	38.00	3.00	9.00	6.00	1.82	34.00	22.00	0.00	(M)	(M)
Category: Vegetables; Choose: 2																	
Green Beans - LR100036 (1/2 c.)	0	22.00	12.00	0.03	0.00	0.00	1.00	4.49	2.09	0.00	1.04	0.46	29.30	388.00	2.90	63.67	0.33
UD 825931 - Veg: Corn, Fz 1/2c - LR100191 (1/2 c.)	1,020	66.98	0.55	0.09	0.00	0.00	0.83	15.96	1.98	2.54	2.11	0.39	2.48	164.55	2.89	63.69	0.36
UD LETTUCE & TOMOATO - LR100154 (5 oz.)	1,000	24.55	0.00	0.00	0.00	0.00	18.82	5.03	1.41	1.81(M)	1.21	0.70	36.22	795.61	7.24	0.00	0.00
Category: Fruits; Choose: 2																	
Orange Juice - LR100014 (4 oz.)	1,000	50.00	0.00	0.00	0.00	0.00	15.00	13.00	0.00	0.00	1.00	2.00	0.00	0.00	42.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	800	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
Strawberry nonfat milk - LR100016 (8 serving 8)	250	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)

Menu Day – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD CHOC MILK - LR100217 (1 Carton)	1,350	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	0	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	150	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	250	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	250	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD Middle School Lunch Week 1 Day 1 :47178 - Day: 1	1700																
Category: Entrees; Choose: 1																	
UD 16" Hand Tossed Pizza 51% Whole Grain Cheese, Big Daddy's, Schwan's Foodservice, 78398, WGR, MMA, Veg-RO - LR100214 (5 ounces)	200	340.00	14.00	7.00	0.00	35.00	570.00	36.00	4.00	6.00	18.00	1.80	350.00	400.00	0.00	(M)	(M)
UD Buffalo Chicken Cheese steak - LR100281 (1 sandwich)	350	223.21	6.07	2.28	0.00	22.69	974.86	28.03	3.92	2.76(M)	14.40	1.82	164.75	294.97	0.49	0.00(M)	0.00(M)
UD CHEESEBURGER - LR100127 (1 ea.)	800	332.58	15.52	6.97	0.00	44.22	751.11	28.56	4.06	3.74	19.10	2.97	195.22	98.61	0.00	0.00(M)	0.00(M)
UD MIDDLE CHICKEN CHEESE STEAK - LR100144 (1 sandwich)	25	239.33	6.86	2.55	0.00	30.28	568.16	28.08	3.92	2.96(M)	16.43	1.83	165.25	75.38	0.73	0.00(M)	0.00(M)
UD Popcorn Chicken Salad - LR100268 (1 salad)	315	260.16	13.93	2.68	0.00	21.43	383.56	17.58	4.07	1.07	15.86	2.24	67.77	1395.75	7.73	(M)	(M)
Category: Grains; Choose: 1																	
Crackers, Goldfish Snack Cheddar Whole Grain, 0.75 oz, Pepperidge Farm, Campbell's Foodservice, 18105, WGR - SR107248 (1 pouch)	315	100.00	4.00	1.00	0.00	0.00	170.00	14.00	1.00	0.00	2.00	0.72	20.00	0.00	0.00	(M)	(M)
Category: Vegetables; Choose: 2																	
Green Beans - LR100036 (1/2 c.)	950	22.00	12.00	0.03	0.00	0.00	1.00	4.49	2.09	0.00	1.04	0.46	29.30	388.00	2.90	63.67	0.33
UD 825931 - Veg: Corn, Fz 1/2c - LR100191 (1/2 c.)	0	66.98	0.55	0.09	0.00	0.00	0.83	15.96	1.98	2.54	2.11	0.39	2.48	164.55	2.89	63.69	0.36
UD LETTUCE & TOMOATO - LR100154 (5 oz.)	1,000	24.55	0.00	0.00	0.00	0.00	18.82	5.03	1.41	1.81(M)	1.21	0.70	36.22	795.61	7.24	0.00	0.00
Category: Fruits; Choose: 1																	
Orange Juice - LR100014 (4 oz.)	800	50.00	0.00	0.00	0.00	0.00	15.00	13.00	0.00	0.00	1.00	2.00	0.00	0.00	42.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	500	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
Strawberry nonfat milk - LR100016 (8 serving 8)	97	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD CHOC MILK - LR100217 (1 Carton)	1,564	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	34	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	5	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	150	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	150	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	850	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	50	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00
UD Middle School Lunch Week 1 Day 2 :47178 - Day: 2	1700																
Category: Entrees; Choose: 1																	
HOT AND SPICY CHICKEN PATTY SANDWICH - LR100220 (1 ea.)	55	420.00	17.50	3.50	0.00	25.00	720.00	44.00	6.00	4.00	21.00	4.14	100.00	100.00	0.00	(M)	(M)
UD 16" Hand Tossed Pizza 51% Whole Grain Cheese, Big Daddy's, Schwan's Foodservice, 78398, WGR, MMA, Veg-RO - LR100214 (5 ounces)	212	340.00	14.00	7.00	0.00	35.00	570.00	36.00	4.00	6.00	18.00	1.80	350.00	400.00	0.00	(M)	(M)
UD CHEESEBURGER - LR100127 (1 ea.)	325	332.58	15.52	6.97	0.00	44.22	751.11	28.56	4.06	3.74	19.10	2.97	195.22	98.61	0.00	0.00(M)	0.00(M)
UD Popcorn Chicken Salad - LR100268 (1 salad)	250	260.16	13.93	2.68	0.00	21.43	383.56	17.58	4.07	1.07	15.86	2.24	67.77	1395.75	7.73	(M)	(M)
UD SOFT BEEF TACO - LR100143 (1 1/2 oz.)	825	180.00	9.26	4.25	0.00	22.00	315.00	15.31	2.55	0.00	9.90	1.66	187.82	188.00	0.10	(M)	(M)
Category: Grains; Choose: 1																	
Crackers, Goldfish Snack Cheddar Whole Grain, 0.75 oz, Pepperidge Farm, Campbell's Foodservice, 18105, WGR - SR107248 (1 pouch)	200	100.00	4.00	1.00	0.00	0.00	170.00	14.00	1.00	0.00	2.00	0.72	20.00	0.00	0.00	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Category: Vegetables; Choose: 2																	
Green Beans - LR100036 (1/2 c.)	25	22.00	12.00	0.03	0.00	0.00	1.00	4.49	2.09	0.00	1.04	0.46	29.30	388.00	2.90	63.67	0.33
Green Peas - LR100021 (1/2 c.)	1,000	73.00	0.25	0.05	0.00	0.00	68.00	13.37	5.16	0.00	4.83	1.43	22.50	1969.00	9.30	74.56	0.75
UDBeans, Baked Beans (Canned), Veg-BP - LR100198 (1/2 c.)	540	112.67	0.51	0.00	0.00	0.00	450.67	22.53	4.10	2.05	4.87	3.69	81.94	768.18	2.46	(M)	(M)
Category: Fruits; Choose: 1																	
Sorbet, 100% Frozen Juice, Kiwi Strawberry Swirl, 4.4 fl. oz., Luigi's, 48445, F - SR108053 (1 serv.)	1,200	70.00	0.00	0.00	0.00	0.00	5.00	18.00	3.00	15.00	0.00	0.36	60.00	0.00	60.00	(M)	(M)
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	500	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
Strawberry nonfat milk - LR100016 (8 serving 8)	97	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	1,564	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	34	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	5	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	150	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	850	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	185	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	225	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00
UD Middle School Lunch Week 1 Day 3 :47178 - Day: 3	1700																
Category: Entrees; Choose: 1																	

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD 16" Hand Tossed Pizza 51% Whole Grain Cheese, Big Daddy's, Schwan's Foodservice, 78398, WGR, MMA, Veg-RO - LR100214 (5 ounces)	289	340.00	14.00	7.00	0.00	35.00	570.00	36.00	4.00	6.00	18.00	1.80	350.00	400.00	0.00	(M)	(M)
UD CHEESEBURGER - LR100127 (1 ea.)	400	332.58	15.52	6.97	0.00	44.22	751.11	28.56	4.06	3.74	19.10	2.97	195.22	98.61	0.00	0.00(M)	0.00(M)
ud grilled cheese - LR100137 (1 sandwich)	200	327.18	15.68	8.88	0.00	49.31	1050.84	31.91	3.74	8.57	15.47	1.35	408.10	394.45	0.00	0.00(M)	0.00(M)
UD Popcorn Chicken Salad - LR100268 (1 salad)	250	260.16	13.93	2.68	0.00	21.43	383.56	17.58	4.07	1.07	15.86	2.24	67.77	1395.75	7.73	(M)	(M)
ud turkey and cheese hoagie - LR100140 (1 sandwich)	400	282.52	6.94	2.78	0.00	30.38	737.28	36.04	5.00	3.00(M)	20.39	2.21	253.13	68.34	0.00	0.00(M)	0.00(M)
Category: Grains; Choose: 1																	
Crackers, Goldfish Snack Cheddar Whole Grain, 0.75 oz, Pepperidge Farm, Campbell's Foodservice, 18105, WGR - SR107248 (1 pouch)	250	100.00	4.00	1.00	0.00	0.00	170.00	14.00	1.00	0.00	2.00	0.72	20.00	0.00	0.00	(M)	(M)
Category: Vegetables; Choose: 2																	
Potatoes, Mashed, Potato Pearls, 12/28 oz. Pouch, Basic American Foods, 76468, Veg-S - SR107666 (4 oz.)	1,000	84.42	3.62	0.00	0.00	0.00	413.58	16.88	0.00	0.00	1.69	0.00(M)	3.53(M)	0.00(M)	0.00(M)	117.53 (M)	0.12(M)
UD Carrots, Frozen, Steamed, Veg-RO - LR100128 (1/2 cup servin)	25	52.45	0.96	0.17	0.00	0.00	83.63	10.96	4.68	5.78	0.82	0.75	49.61	23995.44	3.26	128.03	0.98
UD LETTUCE & TOMOATO - LR100154 (5 oz.)	850	24.55	0.00	0.00	0.00	0.00	18.82	5.03	1.41	1.81(M)	1.21	0.70	36.22	795.61	7.24	0.00	0.00
Category: Fruits; Choose: 1																	
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	655	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
ud diced peaches - LR100141 (1/2 c.)	3,000	43.48	0.03	0.00	0.00	0.00	3.90	11.35	1.27	10.07	0.61	0.26	5.86	368.99	3.50	85.87	0.26
Category: Milk; Choose: 1																	
Strawberry nonfat milk - LR100016 (8 serving 8)	97	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	1,564	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	34	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	5	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	15	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	1,200	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	351	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	150	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00
UD Middle School Lunch Week 1 Day 4 :47178 - Day: 4	1700																
Category: Entrees; Choose: 1																	
UD 16" Hand Tossed Pizza 51% Whole Grain Cheese, Big Daddy's, Schwan's Foodservice, 78398, WGR, MMA, Veg-RO - LR100214 (5 ounces)	315	340.00	14.00	7.00	0.00	35.00	570.00	36.00	4.00	6.00	18.00	1.80	350.00	400.00	0.00	(M)	(M)
UD CHEESEBURGER - LR100127 (1 ea.)	200	332.58	15.52	6.97	0.00	44.22	751.11	28.56	4.06	3.74	19.10	2.97	195.22	98.61	0.00	0.00(M)	0.00(M)
UD Mozzarella Cheese Sticks (5) - LR100326 (5 ea.)	725	325.61	13.02	4.34	0.00	21.71	607.80	34.73	4.34	2.17	21.71	1.56	(M)	(M)	(M)	(M)	(M)
UD Popcorn Chicken Salad - LR100268 (1 salad)	225	260.16	13.93	2.68	0.00	21.43	383.56	17.58	4.07	1.07	15.86	2.24	67.77	1395.75	7.73	(M)	(M)
Category: Grains; Choose: 1																	
Crackers, Goldfish Snack Cheddar Whole Grain, 0.75 oz, Pepperidge Farm, Campbell's Foodservice, 18105, WGR - SR107248 (1 pouch)	225	100.00	4.00	1.00	0.00	0.00	170.00	14.00	1.00	0.00	2.00	0.72	20.00	0.00	0.00	(M)	(M)
Category: Vegetables; Choose: 2																	

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Bean, Vegetarian In Tomato Sauce, West Creek/Performance Food Group, 858798-1165, Veg-BP - SR103089 (1/2 cup servin)	780	110.00	0.50	0.00	0.00	0.00	440.00	22.00	4.00	2.00	4.75	3.60	80.00	750.00	2.40	(M)	(M)
Green Beans - LR100036 (1/2 c.)	50	22.00	12.00	0.03	0.00	0.00	1.00	4.49	2.09	0.00	1.04	0.46	29.30	388.00	2.90	63.67	0.33
Green Peas - LR100021 (1/2 c.)	550	73.00	0.25	0.05	0.00	0.00	68.00	13.37	5.16	0.00	4.83	1.43	22.50	1969.00	9.30	74.56	0.75
Sauce, Marinara #10 Can, Angela Mia, ConAgra Foods, 2700039125, Veg-RO - SR103343 (1/2 c.)	625	70.00	0.50	0.00	0.00	0.00	480.00	14.00	3.00	9.00	2.00	0.72	40.00	(M)	(M)	(M)	(M)
Category: Fruits; Choose: 1																	
Apple Juice - LR100039 (4 fl. oz.)	1,200	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	350	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
Strawberry nonfat milk - LR100016 (8 serving 8)	97	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	1,564	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	34	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	5	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	150	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	1,200	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	225	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	150	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00
UD Middle School Lunch Week 1 Day 5 :47178 - Day: 5	1700																
Category: Entrees; Choose: 1																	

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD 16" Hand Tossed Pizza 51% Whole Grain Cheese, Big Daddy's, Schwan's Foodservice, 78398, WGR, MMA, Veg-RO - LR100214 (5 ounces)	365	340.00	14.00	7.00	0.00	35.00	570.00	36.00	4.00	6.00	18.00	1.80	350.00	400.00	0.00	(M)	(M)
UD CHEESEBURGER - LR100127 (1 ea.)	250	332.58	15.52	6.97	0.00	44.22	751.11	28.56	4.06	3.74	19.10	2.97	195.22	98.61	0.00	0.00(M)	0.00(M)
UD Popcorn Chicken Salad - LR100268 (1 salad)	225	260.16	13.93	2.68	0.00	21.43	383.56	17.58	4.07	1.07	15.86	2.24	67.77	1395.75	7.73	(M)	(M)
UDHS Chicken, Golden Crispy WG Tenders, Tyson, 70334-928, MMA, WG - LR100216 (3 piece)	300	260.00	15.00	2.50	0.00	25.00	390.00	16.00	3.00	1.00	15.00	0.00	0.00	0.00	0.00	(M)	(M)
Category: Grains; Choose: 1																	
Crackers, Goldfish Snack Cheddar Whole Grain, 0.75 oz, Pepperidge Farm, Campbell's Foodservice, 18105, WGR - SR107248 (1 pouch)	225	100.00	4.00	1.00	0.00	0.00	170.00	14.00	1.00	0.00	2.00	0.72	20.00	0.00	0.00	(M)	(M)
French Toast Sticks, Farm Rich Whole Grain, Frozen, Rich's, 37722, WG - SR104380 (3 ea.)	750	195.00	7.50	1.50	0.00	0.00	225.00	28.50	2.25	6.75	4.50	1.36	25.50	16.50	0.00	(M)	(M)
Category: Vegetables; Choose: 2																	
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	85	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	0.45	0.63	22.68	9773.49	1.84	64.03	0.45
825977-VEG: Cucumber, Fresh Slice 1/2c - AR1040 (1/2 c.)	85	7.80	0.06	0.02	0.00	0.00	1.04	1.89	0.26	0.87	0.34	0.15	8.32	54.60	1.46	49.52	0.20
UD Potato HB, Tator Tots - LR100203 (1/2 c.)	1,360	140.00	7.00	1.50	0.00	0.00	270.00	16.00	2.00	0.00	2.00	0.36	20.00	100.00	1.20	0.00	0.00
Category: Fruits; Choose: 1																	
Orange Juice - LR100014 (4 oz.)	1,250	50.00	0.00	0.00	0.00	0.00	15.00	13.00	0.00	0.00	1.00	2.00	0.00	0.00	42.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	1,250	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
Strawberry nonfat milk - LR100016 (8 serving 8)	97	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	1,564	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	34	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	5	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	150	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	1,350	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	225	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	250	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00